

# Therapies & Beauty Price List

# **FACIALS**

## REJUVENATING FACIAL (60mins) £60.00

The face is cleansed, toned and exfoliated. Shoulders, neck & face are massaged, a mask is applied to suit skin type, followed by eye gel and moisturiser to complete the facial.

#### ZEN FACIAL (90mins) £75.00

The face is cleansed, toned and exfoliated. Back, shoulders, neck & face are massaged, a mask is applied to suit skin type, followed by eye gel and moisturiser to complete the facial.

MINI FACIAL (30mins) £30.00

# **MASSAGE**

#### AROMATHERAPY MASSAGE (60mins) £65.00

Massage using essential oils. Your therapist will select essential oils based on your needs and preferences to aid relaxation and ease symptoms.

## HOT STONE MASSAGE (60mins) £70.00

Hot stones are used during this massage as an extension of the therapist's hands enabling the muscles to warm up quickly and resulting in a more productive massage.

## SWEDISH/THERAPEUTIC MASSAGE (60mins) £60.00

Massage working the soft tissue of the body, helping to ease day-to-day stresses, muscular tension and promote relaxation.

# PAMPER PACKAGES

## JUST HEAVENLY (2hrs) £95.00

Back, neck and shoulder massage with a mini facial followed by a classic manicure.

#### TOTALLY RELAXING (2hrs) £95.00

Full body massage followed by a classic facial.

# HYDROTHERAPY (30mins) £55.00 PHYSIOTHERAPY (30mins) £45.00

#### REFLEXOLOGY £50.00

Massage using pressure techniques on the feet.

#### HOPI EAR CANDLES £42.00

Hopi ear candles can help with earache, headaches, stress, tinnitus and relaxation.

## MANICURES & PEDICURES

EXPRESS MANICURE (30mins) £28.00 Nails are filed and painted.

**CLASSIC MANICURE (60mins) £55.00** Exfoliation, massage and cuticle care, nails are shaped and finished with polish.

**GEL MANICURE (60mins) £60.00** Exfoliation, massage and cuticle care, nails are shaped with a gentle preparation for UV Gel polish.

**DELUXE MANICURE (90mins) £75.00** Classic manicure with thermal mittens for deeper nourishment.

**HOT WAX TREATMENT (30mins) £20.00** A deeply moisturising & softening hot wax treatment for hands or feet, helping to soothe sore & aching joints.

EXPRESS PEDICURE (30mins) £28.00 Nails are filed and painted.

**CLASSIC PEDICURE (60mins) £55.00** Feet are soaked and exfoliated, hard skin is removed, cuticles tidied, feet & lower legs are massaged, nails trimmed, filed & painted with polish.

**DELUXE PEDICURE (90mins) £75.00** Classic pedicure with thermal mittens for deeper nourishment.

# **WAXING & TINTING**

**WAXING** From £11.00 - £37.50

#### LASH/BROW TINTING from £11.00

\*Please note a patch test is Required 24 - 48 hours prior to your first tint.

## MALE GROOMING

Male Manicure/Pedicure from £23.50 Back or Chest Wax (40mins) £32.00